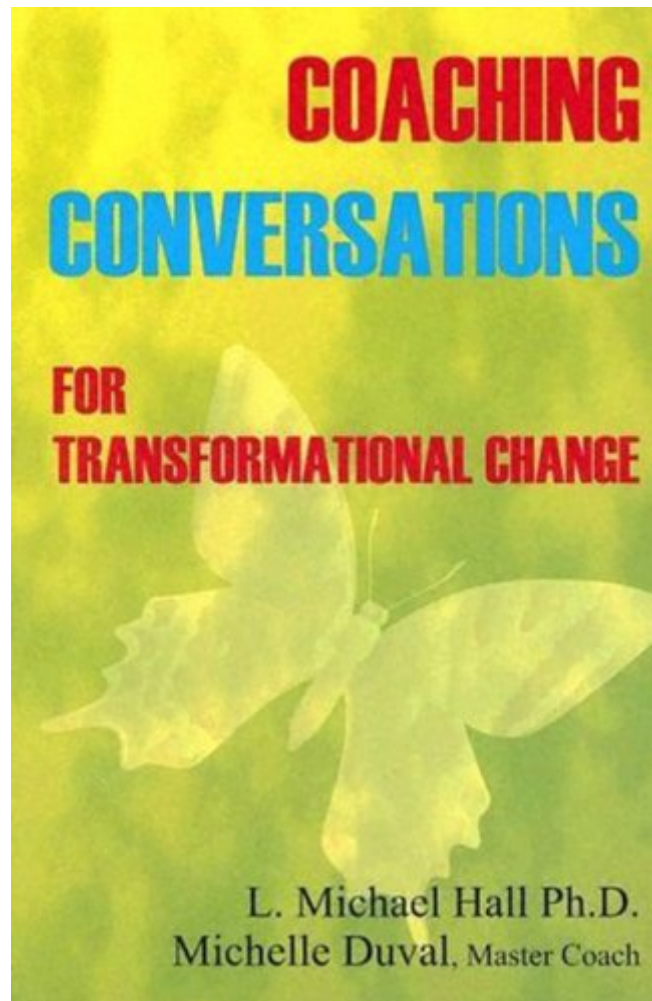


The book was found

Coaching Conversations For Transformational Change (Self Actualization Series Book 2)



Synopsis

The first coaching book to provide actual transcripts of coaching conversations that invite the reader into the experience and provide descriptions about what's going on in the process for easy replication in numerous contexts. It demystifies the elitism of coaching as both a movement and as a specialized technology and makes its powerful methodologies accessible to anyone who wants to use it professionally and personally. Offers an exploration into a wide variety of coaching conversations: outcome, resource, matrix, possibility, fierce, narrative, time-line, neuro-logical levels, hero journey and much more.

Book Information

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Customer Reviews

Although there is a lot of standard NLP info here it is presented in a very dry and repetitive manner. It's also written as though it was a series of notes just appended together. This book could have been much better if there were examples of use or stories of each principal in play. For example, I have many stories of my own life working with clients about using meta programs, metaphor, rep systems. Use some stories to illustrate using each idea. Too dry. There are other books on this

subject much more engaging. That said this book contains a lot of info if you are willing to sift through and know what you are looking for.

I think this book deserves five stars. It is exceptionally well written. It shows the authors love what they are doing. It makes the reader wish for the same passion, expertise and knowledge the authors have got. The book gives examples of carefully chosen coaching conversations and explains what is happening through these conversations and why. Coaching is defined and explained. The coaching process is shown as something which works both ways, it can transform lives, not only the coachee's, but the coach's, too. For me the book was a huge learning curve and provided more than one "aha experience". It won't be collecting dust on the shelf, it is being used.

The book is great! So many insights and tons of models and powerful questions. I love all of M. Hall's books and this one is another great resource for coaches.

A must have. Robert Dilts makes a difference!

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